



TALAM 5/40 Tablet: Each tablet contains Amlodipine (as besilate) USP .. Telmisartan USP 5 mg 40 ma Product Specs.: USP

AM 5/80 Tablet Each tablet contains: Amlodipine (as besilate) USP Telmisartan USP 5 mg

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TALAM 10/40 Tablet:

TALAM TU/40 TAblet: Each tablet contains: Amlodipine (as besilate) USP Telmisartan USP 10 mg . 40 mg

roduct Specs.: USP TALAM 10/80 Tablet: Each tablet contair Amlodipine (as besilate) USP Telmisartan USP 10 ma . 80 ma

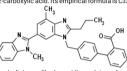
Product Specs.: USP

DESCRIPTION:

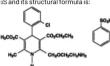
WARNING-FETAL TOXICITY I, discontinue TALAM as soon as possible. Drugs that act When pregnancy is detected, directly on the renin-angiotensin system can cause injury and death to developing fetus

TALAM is a fixed dose combination of telmisartan and amlodipine

TALAM tablets contain telmisartan, a non-peptide angiotensin II receptor (type AT1) antagonist. Telmisartan is a white to slightly yellowish solid. It is practically insoluble in water and in the pH range of 3 to 9, sparingly soluble in strong acid (except insoluble in hydrochloric acid), and soluble in strong base. Telmisartan is chemically described as 4^+ [(4^+ /eimethy-2-propy[2,6-bi-1H-benzimidazol]-1-yl)methyl]-[1,1-biphenyl]-2-carboxylic acid. Its empirical formula is C33H30N402 and its structural formula is 4^+



TALAM tablets contain the besilate salt of a mlodipine, a dihydropyridine calcium-channel blocker (CCB). Amlodipine besilate is a white to pale yellow crystalline powder, slightly soluble in water and sparingly soluble in ethanol. Amlodipine besilate's chemical name is 3-Ethyl-5-methyl(4RS)-2-{(2-aminoethoxy)methyl]-4-{2chlorophenyl}-6-methyl-1,4-dihydropyridine-3-5-dicarboxylate benzenseulphonate. Its empirical formula is C20H2sCIN2O5-C6H603S and its structural formula is:



H TALAM tablets are formulated in four strengths for oral administration with a combination of amlodipine besilate, mg or 10 mg of amlodipine freebase, with 40 mg, or 80 mg of telmisartan provided in the following four combination 5/40 mg, 10/40 mg, 5/80 mg, and 10/80 mg. TALAM tablets are hygroscopic and require protection from moisture. TALAM tablets require protection from light. te, equivalent to 5 ons:

TALAM tablets are hygroscopic and require protection from moisture. TALAM tablets require protection from light. CLINICAL PHARMACOLOGY: Mechanism of Action: Telmisartan: Angiotensin II is formed from angiotensin I in a reaction catalyzed by angiotensin-converting enzyme (ACE, kininase II). Angiotensin II is the principal pressor agent of the renin-angiotensin system, with effects that include vasoconstriction, stimulation of synthesis and release of aldosterone, cardiac stimulation, and renal reabsorption of sodium. Telmisartan blocks the vasoconstrictor and aldosterone-secreting effects of angiotensin II by selectively blocking the binding of angiotensin II to the AT1 receptor in many tissues, such as vascular smooth muscle and the adrenal gland. Its action is, therefore, independent of the pathways for angiotensin II synthesis. There is also an AT2 receptor found in many tissues, but AT2 is not known to be associated with cardiovascular homeostais. Telmisartan has much greater affinity (<3,000 fold) for the AT1 receptor than for the AT2 receptor. Blockade of the renin-angiotensin system with ACE inhibitors, which inhibit the disgradution is a reaction also catalyzed by ACE. Because telmisartan does not inhibit ACE (kininase II), it does not affect the response to bradykinin. Telmisartan does not bind to or block other hormone receptors or ion channels known to be important in cardiovascular megulation. Blockade of the angiotensin II receptor inhibits the negative regulatory feedback of angiotensin II on renin secretion, blood pressure. Amoldpine: Amlodpine is a dihydropyridine calcium channel blocker that inhibits the transmembrane influx of calcium isons into sascular smooth muscle and cardiac muscle. The contractile processes of cardiac muscle and vascular smooth muscle are dependent upon the movement of extracellular calcium ions in the eacleum channel receptor is characterized by a gradual rate of association and dissociation with the receptor binding site, resulting in a gradual onset

significant change in heart rate or plasma catecholamine levels with chronic dosing. With chronic once daily administration, antihypertensive effectiveness is maintained for at least 24 hours. Plasma concentrations correlate with effect in both young and elderly patients. The magnitude of reduction in blood pressure with amologine is also correlate with effect in both young and elderly patients. The magnitude of reduction in blood pressure with amologine is also correlate with the height of pretreatment elevation; thus, individuals with moderate hypertension (diastolic pressure 105 to 114 mmHg) had about a 50% greater response than patients with mild hypertension (diastolic pressure 90 to 104 mmHg). Normotensive subjects experienced no clinically significant change in blood pressure (+1/-2 mmHg). In hypertensive patients with normal renal function, therapeutic doses of amlodipine resulted in a decrease in renal vascular resistance and an increase in glomerular filtration rate and effective renal plasma flow without change in filtration fraction or proteinuria. As with other calcium channel blockers, hemodynamic measurements of cardiac function at rest and during exercise (or pacing) in patients with normal ventricular function treated with amlodipine have generally demonstrated a small increase in cardiac index without significant influence on dP/dt or on left ventricular end diastolic pressure or volume. Amlodipine does not change sinoatrial nodal function or atrioventricular conduction in intact man. In patients with chronic stable angina, intravenous administration of 10 mg did not significant later A-H and H-V conduction and sinus node recovery time after pacing. **Pharmacokinetics:**

Allow Transactions and the second sec

DISTRIBUTION: Telmisartan: Telmisartan is highly bound to plasma proteins (>99.5%), mainly albumin and q1 - acid glycoprotein. Plasma protein binding is constant over the concentration range achieved with recommended doses. The volume of distribution for telmisartan is approximately 500 liters indicating additional tissue binding. Ambdipine: The apparent volume of distribution of amlodipine is 21 L/kg. Approximately 93% of circulating amlodipine is bound to plasma proteins in hypertensive patients. Metabolism and Elimination: Telmisartan: Following either intravenous or oral administration of 14C-labeled telmisartan, most of the administered dose (>97%) was eliminated unchanged in feces via biliary excretion; only minute amounts were found in the urine (0.91% and 0.49% of total radioactivity, respectively). Telmisartan is metabolized by conjugation to form a pharmacologically inactive acylglucuronide; the glucuronide of the parent compound is the only metabolite that has been identified in human plasma and urine. After a single dose, the glucuronide represents approximately 11% of the measured radioactivity in plasma. The cytochrome P450 isoenzymes are not involved in the metabolism of telmisartan is >800 mL/min. Terminal half-life and total clearance appear to be independent of dose. Ambdipine: Amlodipine is extensively (about 90%) converted to inactive metabolites via hepatic metabolism with 10% of the parent compound and 60% of the metabolites excreted in the urine. Special Populations: Renal insufficiency:

oon Int con Ti**al Popul**a T**uffici**

SpecialPopulations: Renal Insufficiency: Telmisartan: No dosage adjustment is necessary in patients with decreased renal function. Telmisartan is not removed from bloodby hemofiltration. Amologine: The pharmacokinetics of amlodipine are not significantly influenced by renal impairment. Patients with renal failure hemofiltration. bine: The pharmad refore receive the Insufficiency:

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Hepatic Insufficiency: Telmisartan: In patients with hepatic insufficiency, plasma concentrations of telmisartan are increased, and absolute bioavailability approaches 100%. Amlodipine: Patients with hepatic insufficiency have decreased clearance of amlodipine with a resulting increase in AUC of approximately 40% to 60%. Therefore, start with a low initial dose of amlodipine. Gender: Plasma concentrations of telmisartan are generally 2 to 3 times higher in females than in males. No dosage adjustment is

Geriatric Patients

Telmisartan: The pharmacokinetics of telmisartan do not differ between the elderly and those younger than 65 years. Amlodipine: Elderly patients have decreased clearance of amlodipine with a resulting increase in AUC of approximately 40% to 60%. Therefore, start with a low initial dose of amlodipine.

WARNINGS & PRECAUTIONS:

Fetal Toxicity

Pregnancy Category D:

Telmisaria: Use of drugs that act on the renin-angiotensin system during the second and third trimesters of pregnancy reduces fetal renal function and increases fetal and neonatal morbidity and death. Resulting oligohydramnios can be associated with fetal lung hypoplasia and skeletal deformations. Potential neonatal adverse effects include skull hypoplasia, anuria, hypotension, renal failure, and death. When pregnancy is detected, discontinue TALAM as soon as possible.

Hypotension

Telmisartan: In patients with an activated renin-angiotensin system, such as volume- or salt-depleted patients (e.g., those being treated with high doses of diuretics), symptomatic hypotension may occur after initiation of therapy with TALAM tablets. Either treated with high doses of diuretice), symptomatic hypotension may occur after initiation of therapy with TALAM tablets. Either correct this condition prior to administration of TALAM tablets, or start treatment under close medical supervision with a reduced dose. If hypotension does cocur, place the patient in the supine position and, if necessary, give an intravenous infusion of normal saline. A transient hypotensive response is not a contraindication to further treatment, which usually can be continued without difficulty once the blood pressure has stabilized.

Ambdipine: Since the vasodilation induced by amlodipine is gradual in onset, acute hypotension has rarely been reported after oral administration. Nonetheless, observe patients with severe aortic stenosis closely when administering amlodipine, as one should with any vasodilator.

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Presentation: Hyperkalemia may occur in patients on ARBs, particularly in patients with advanced renal impairment, heart failure, on renal replacement therapy, or on potassium supplements, potassium-sparing diuretics, potassium-containing salt substitutes or other drugs that increase potassium levels. Consider periodic determinations of serum electrolytes to detect possible or other drugs that increase potassium levels. Consider periodic determinations of secure electrolytes t electrolyte imbalances, particularly in patients at risk. Patients with Impaired Hepatic Function: Telmisartan: As the majority of telmisartan is eliminated by biliary excretion, patients with biliary obstructive d

isorders or h epatic insufficiency can be expected to have reduced clearance. Initiate telmisartan at low doses and titrate slowly in these patients. Amlodipine: Amlodipine is extensively metabolized by the liver and the plasma elimination half-life $(\eta_{1/2})$ is 66 hours in patients with impaired hepatic function. Since patients with hepatic impairment have decreased clearance of amlodipine, start amlodipine



or add amlodipine at 2.5 mg in patients with hepatic impairment. The lowest dose of TALAM is 5/40 mg; therefore, initial therapy with TALAM tablets is not recommended in hepatically impaired patients.

Renal Function Impairment: Telmisartan: As a consequence of inhibiting the renin-angiotensin-aldosterone system, anticipate changes in renal function in susceptible individuals. In patients whose renal function may depend on the activity of the renin-angiotensin-aldosterone system (e.g., patients with severe congestive heart failure or renal dysfunction), treatment with angiotensin-converting enzyme (ACE) inhibitors and angiotensin receptor antagonists has been associated with oliguria and/or progressive azotemia and (rarely) with acute renal failure and/or death. Similar results may be anticipated in patients treated with telmisartan. There has been no long-term use of telmisartan in patients with unilateral or bilateral renal artery stenosis, but anticipate an effect similar to that seen with ACE inhibitors Renal Function Impairment: ACF inhibitors

Accention of the Renin-Angiotensin-Aldosterone System: Telmisartan: As a consequence of inhibiting the renin-angiotensin-aldosterone system, changes in renal function (including acute renal failure) have been reported. Dual blockade of the renin-angiotensin-aldosterone system (e.g., by adding an ACE-inhibitor to an angiotensin II receptor antagonist) should include close monitoring of renal function.

an angiotensin II receptor antagonisty should include close monitoring or renal function. Concomitant use of telmisartan and ramipili is not recommended. *Risk of Myocardial Infarction or Increased Angina: Amlodipine*: Uncommonly, patients, particularly those with severe obstructive coronary artery disease, have developed documented increased frequency, duration or severity of angina or acute myocardial infarction on starting calcium channel blocker therapy or at the time of dosage increase. The mechanism of this effect has not been elucidated. Heart Ealityme

Heart Failure: Amlodipine: Closely monitor patients with heart failure.

Amlodipine: Closely monitor patients with heart failure.
DRUG INTERACTIONS:
Drug Interactions with TALAM Tablets:
The pharmacokinetics of amlodipine and telmisartan are not altered when the drugs are co-administered.
Drug Interactions with Telmisartan:
Digoxin: When telmisartan was co-administered with digoxin, median increases in digoxin peak plasma concentration (49%) and
in trough concentration (20%) were observed. It is, therefore, recommended that digoxin levels be monitored when initiating,
adjusting, and discontinuing telmisartan to avoid possible over- or underdigitalization.
Lithium: Reversible increases in serum lithium concentrations and toxicity have been reported during concomitant administration
of lithium with angiotensin II receptor antagonists including telmisartan. Therefore, monitor serum lithium levels during
concomitant use.
Non-Steroidal Anti-Inflammatory Agents including Selective Cyclooxygenase-2 Inhibitors (COX-2 Inhibitors): In patients who are
elderly, volume-depleted (including those on diuretic therapy), or with compromised renal function, co-administration of NSAIDs,
including selective COX-2 Inhibitors, with angiotensin II receptor antagonists, including telmisartan may be attenuated by NSAIDs including
selective COX-2 Inhibitors.
The antihypertensive effect of angiotensin II receptor antagonists, including telmisartan may be attenuated by NSAIDs including
selective COX-2 inhibitors.
The antihypertensive effects of the combined drugs, and also because of the increased exposure to ramipril and ramiprilat
in the presence of telmisartan. Co-administering telmisartan and ramipril is not recommended.

OTHER DRUGS: Co-administration of telmisartan did not result in a clinically significant interaction with acetaminophen, amlodipine, glyburide, simvastatin, hydrochlorothiazide, warfarin, or ibuprofen. Telmisartan is not metabolized by the cytochrome P450 system and had no effects in vitro on cytochrome P450 enzymes, except for some inhibition of CYP2C19. Telmisartan is not expected to interact with drugs that inhibit cytochrome P450 enzymes, it is also not expected to interact with drugs metabolized by the cytochrome P450 enzymes, except for possible inhibition of the metabolism of drugs metabolized by CYP2C19. **Drug interactions with amdofipine:** Anhodipine has been safely administered with thiazide diuretics, beta-blockers, angiotensin-converting enzyme inhibitors, long-acting nitrates, sublingual nitroglycerin, digoxin, warfarin, non-steroidal anti-inflammatory drugs, antibiotics, and oral hypoglycemic drugs. **Simvastatin**: Co-administration of multiple doses of 10 mg of amlodipine with 80 mg simvastatin resulted in a 77% increase in exposure to simvastatin compared to simvastatin alone. Limit the dose of simvastatin insetients on amlodipine to 20 mg daily. **The following have no clinically relevant effects on the pharmacokinetics of amlodipine**: Cimetidine, grapefruit juice, sidenafil. **Amlodipine has no clinically relevant effects on the pharmacokinetics or pharmacodynamics of the following:** atorvastatin, digoxin, warfarin.

INDICATION & USAGE:

INDICATION & USAGE: Telmisartan is an effective treatment of hypertension in once daily doses of 20 to 80 mg while amlodipine is effective in doses of 2.5 to 10 mg. Dosage must be individualized and may be increased after at least 2 weeks. Most of the antihypertensive effect is apparent within 2 weeks and maximal reduction is generally attained after 4 weeks. The maximum recommended dose of TALAM tablets is 10/80 mg once daily. The adverse reactions of telmisartan are uncommon and independent of dose; those of amlodipine are a mixture of dose-dependent phenomena (primarily peripheral edema) and dose-independent phenomena, the former much more common than the latter.

TALAM may be taken with or without food

TALAM may be taken with or without tood. **Replacement Therapy**. Patients receiving amlodipine and telmisartan from separate tablets may instead receive TALAM tablets containing the same component doses once daily. When substituting for individual components, increase the dose of TALAM if blood pressure control has not been satisfactory. **Add-on Therapy for Patients with Hypertension Not Adequately Controlled on Antihypertensive:** Monotherapy TALAM tablets may be used to provide additional blood pressure lowering for patients not adequately controlled with amlodipine (or another dihydropyridine calcium channel blocker) alone or with telmisartan (or another angiotensin receptor blocker) alone. Patients treated with 10 mg amlodipine who experience any dose-limiting adverse reactions such as edema, may be switched to TALAM 5/40 mg tablets once daily, reducing the dose of amlodipine without reducing the overall expected antihypertensive resonce.

antihypertensive response. Initial Therapy: A patient may be initiated on TALAM tablets if it is unlikely that control of blood pressure would be achieved with a single agent. The usual starting dose of TALAM is 5/40 mg once daily. Patients requiring larger blood pressure reductions may be started on TALAM 5/80 mg once daily. Initial therapy with TALAM is not recommended in patients ≥75 years old or with hepatic impairment.

DOSING IN SPECIFIC POPULATIONS:

Renal Impairment: No initial dosage adjustment is required for patients with mild or moderate renal impairment. Titrate slowly in patients with severe renal impairment.

Hepatic Impairment: In most patients, initiate amlodipine therapy at 2.5 mg. Titrate slowly in patients with hepatic impairment Geriatrics: Patients 75 Years of Age and Older- In most patients, initiate amlodipine therapy at 2.5 mg. Titrate slowly in patie in patients 75 years of age and older.

CONTRAINDICATIONS

TALAM tablets are contraindicated in patients with known hypersensitivity (e.g., anaphylaxis or angioedema) to telmisartan, amlodipine, or any other component of this product. Use in Specific population:

Amonghie, of any oner component component in the second and third trimesters of pregnancy Pregnancy. Pregnancy: Pregnancy: Use of drugs that act on the renin-angiotensin system during the second and third trimesters of pregnancy reduces fetal renal function and increases fetal and neonatal morbidity and death. Resulting oligohydramnios can be associated with fetal lung hypoplasia and skeletal deformations. Potential neonatal adverse effects include skull hypoplasia, anuria, hypotension, renal failure, and death. When pregnancy is detected, discontinue TALAM as soon as possible. These adverse outcomes are usually associated with use of these drugs in the second and third trimester of pregnancy. Appropriate management of maternal hypertension during pregnancy is important to optimize outcomes for both mother and fetus. In the unusual case that there is no appropriate alternative to therapy with drugs affecting the renin-angiotensin system for a particular patient, apprise the mother of the potential risk to the fetus. Perform serial ultrasound examinations to assess the intra-aminotic environment. If oligohydramnios is observed, discontinue TALAM, unless it is considered lifesaving for the mother. Fetal testing may be appropriate, based on the week of pregnancy. Patients and physicians should be aware, however, that oligohydramnios may not appear until after the fetus has sustained irreversible injury. Closely observe infants with histories of in utero exposure to TALAM for hypotension, oliguria, and hyperkalemia.

hyperkalemia. Nursing Mothers:

Telmisartan: It is not known whether telmisartan is excreted in human milk but because of the potential for adverse effects on the nursing infant, decide whether to discontinue nursing or discontinue the drug, taking into account the importance of the drug to the mother.

Amlodipine: It is not known whether amlodipine is excreted in human milk. In the absence of this information, it is recommended to

Ambdipine: It is not known whether amlodipine is excreted in human milk. In the absence of this information, it is recommended to discontinue nursing while amlodipine is administered. Pediatric Use: Neonates with a history of in utero exposure to TALAM: If oliguria or hypotension occurs, direct attention toward support of blood pressure and renal perfusion. Exchange transfusions or dialysis may be required as a means of reversing hypotension and/or substituting for disordered renal function. Safety and effectiveness of TALAM in pediatric patients have not been established. *Geriatrics:* No overall differences in efficacy or safety of TALAM tablets were observed in this patient population. *Ambdipine:* No identified differences in efficacy or safety of TALAM tablets were observed in this patient population. *Ambdipine:* No identified differences in a do concomitant disease or other drug therapy. Elderly patients have decreased clearance of amlodipine with a resulting increase of AUC of approximately 40% to 60%, and a lower initial dose may be required. Since patients age 75 and older have decreased clearance of amlodipine; start amlodipine or add amlodipine 2.5 mg to telmisartan. The lowest dose of TALAM is 40/5 mg; therefore, initial therapy with TALAM tablets is not recommended in patients 75 years of age and older. 75 years of age and older.

Hepatic Insufficiency: Monitor carefully and uptitrate slowly in patients with biliary obstructive disorders or hepatic insufficiency. Since patients with hepatic impairment have decreased clearance of amlodipine, start amlodipine or add amlodipine 2.5 mg to telmisartan. The lowest dose of TALAM is 40/5 mg; therefore, initial therapy with TALAM tablets is not recommended in

telmisartan. The lowest dose of TALAM is 40/5 mg; therefore, initial therapy with TALAM tablets is not recommended in hepatically impaired patients. Post-marketing Experience: The following adverse reactions have been identified during post-approval use of telmisartan or amlodipine: Telmisartan: The most frequently spontaneously reported events include: Headache, dizziness, asthenia, coughing, nausea, fatigue, weakness, edema, face edema, lower limb edema, angioneurotic edema, urticaria, hypersensitivity, sweating increased, erythema, chest pain, attial fibrillation, congestive heart failure, myocardial infarction, blood pressure increased, hypertension aggravated, hypotension (including postural hypotension), hyperkalemia, syncope, dyspepsia, diarhea, pain, urinary tract infection, erectile dysfunction, back pain, abdominal pain, muscle cramps (including leg cramps), myalgia, bradycardia, eosinophilia, thrombocytopenia, uric acid increased, abnormal hepatic functiona pain (including tendonitis, tenosynovitis), drug eruption (e.g. toxic skin eruption mostly reported as toxicoderma, rash, and urticaria), hypoglycemia (in diabetic patients), and angioedema (with fatal outcome). Rare cases of rhabdomvolvsis have been reported in patients receiving angiotensin II receiver bockers. (with fatal outcome). Rare cases of rhabdomyolysis have been reported in patients receiving angiotensin II receptor blockers, including telmisartan

Ambdipine: Gynecomastia has been reported infrequently and a causal relationship is uncertain. Jaundice and hepatic enzyme elevations (mostly consistent with cholestasis or hepatitis), in some cases severe enough to require hospitalization, have been reported in association with use of amlodipine.

OVER DOSAGE

Telmisartan: The most likely manifestations of overdosage with telmisartan tablets would be hypotension, dizziness, and tachycardia; bradycardia could occur from parasympathetic (vagal) stimulation. If symptomatic hypotension should occur, supportive treatment should be instituted. Telmisartan is not removed by hemodialysis. Amlodipine: Overdosage might be expected to cause excessive peripheral vasodilation with marked hypotension. If massive overdose should occur, active cardiac and respiratory monitoring should be instituted. Frequent blood pressure measurements are essential. Should hypotension occur, cardiovascular support including elevation of the extremities and the judicious administration of fluids should be initiated. If hypotension remains unresponsive to these conservative measures, administration of vasopressors (such as phenylephrine) should be considered with attention to circulating volume and urine output. Intravenous calcium gluconate may help to reverse the effects of calcium entry blockade. As amlodipine is highly protein bound, hemodialysis is not likely to be of benefit.

INSTRUCTIONS

- e below 30°C Sto

- Store below 30°C. Protect from heat, sunlight & moisture. Keep out of the reach of children. To be sold on the prescription of a registered medical practitioner only.

PRESENTATION:

TALAM 5/40 Tablet	:	Pack of 2 x 7 tablets.
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TALAM 10/40 Tablet	:	Pack of 2 x 7 tablets.
TALAM 10/80 Tablet	:	Pack of 2 x 7 tablets.

بدايات: . • ۳ ورجہ سنٹی گریڈ سے کم درجہ حرارت پر رکھیں ۔ گرمی، دھوپ اورنمی سے بچائیں۔ بچوں کی پہنچ سے دوررکھیں ۔ . مرف متند ڈاکٹر کے نسخہ برفروخت کریں۔

FOR FURTHER INFORMATION PLEASE CONTACT



Manufactured by: CCL Pharmaceuticals (Pvt.) Ltd. 62 Industrial Estate, Kot Lakhpat, Lahore, Pakistan.