Front







# Kalv Chew:

Provides an optimum mix of Calcium, Vitamin D<sub>3</sub>, Vitamin K<sub>2</sub> and Magnesium to promote bone strength and support healthy pregnancy.

#### COMPOSITION:

# Each chewable tablet contains:

 Red Algae Calcium (MS)
 1400 mg.

 Vitamin K2 (MK-7)
 90 mcg.

 (Menaquinone-7) (MS)

 Vitamin D3 (USP)
 400 IU.

 Magnesium (USP)
 32 mg.

Product Specs.: In-house

# This comprehensive Vitamin and plant origin mineral formulation is designed to

- Organic source Calcium Help meet Calcium requirements to maintain a healthy pregnancy.
- Contribute to bone mineral density and helps reducing the risk of fracture.
- Reduce the risk of Osteoporosis.
- Calcium and Vitamin D3 combination supports in strong bone building.
- Direct calcium to the bones and thus contributes to bone strengthening.
- Be associated with reduced risk of coronary by keeping calcium away from arteries.

# **NUTRITIONAL FACTS:**

# Red Algae Calcium: [Lithothamnion (Red algae calcium), imported from FDA approved European source MARIGOT LTD STAND FARM, IRELAND]

Calcium is important for optimal bone health throughout the life. Red Algae calcium is an organic calcium derived from marine Red algae, proven to help increase Bone Mineral Density. Kalv is readily absorbed and bioavailable. Calcium is an essential nutrient that helps build and maintain healthy teeth and bones. Adequate Calcium intake may reduce the risk of osteoporosis.

- Plant source calcium is readily absorbable and bioavailable.
- Red algae Calcium contains 72 other naturally combined trace minerals whereas rock Calcium is not rich in other minerals.
- Plant Calcium showed more reduction in PTH levels in comparison to limestone Calcium a hormone that moves calcium out of the bones.

# Kalv provides high source of elemental Calcium from Red Algae Calcium (32% elemental Calcium by weight).

# Vitamin D3:

Cholecalciferol, a must to have with calcium, assists in enhancing calcium absorption from intestine and maintain adequate serum calcium levels. Vitamin D3 is the activated form of Vitamin D vital to bone formation. Without sufficient D3, bones can become thin, brittle, or misshapen. Together with Calcium, Vitamin D also helps protect older adults from Osteoporosis.

Vitamin K<sub>2</sub> as MK-7: (Vitamin K<sub>2</sub> (Menaquinone-7) is the active isomer of Vitamin K<sub>2</sub>, exclusively manufactured by Gnosis Bioresearch Italy and commercialized under the name of Vitamin K<sub>2</sub> (Menaquinone-7)

Calcium homeostasis depends on the interplay of modulator compounds of which vitamin K2, especially Menaquinone-7, has assumed a vital and key role in last decades. Vitamin K2 (Menaquinone-7) has a very high bioavailability, a very long plasma half-life. MK-7 helps to keep your arteries clean from arterial calcification by directing calcium to bones and keeping it away from arteries.

Kalv provides high source of natural, more stable Vitamin  $K_2$  as MK-7 with a very high bioavailability and a very long half-life in blood (Gnosis patent).

# Magnesium:

Works in synergy with Vitamin D<sub>3</sub> to enhance calcium absorption from intestines and facilitates bone health, flexibility and movement9. Magnesium also has a role in stimulating bone-preserving hormones.

"Nutrients do not work alone and their functions are interdependent. Calcium, vitamin D<sub>3</sub>, Vitamin K<sub>2</sub> and Magnesium has synergistic effect on the bone health and should ideally be taken in combination."

# CONTRAINDICATION:

Don't use if you are allergic to any of its ingredient.

Precautionary warnings or possible side effects:

No side effects have been identified. However, it's best that you ask your health expert first if:

- You suffer from a medical condition
- You're taking other medicines

# Pregnancy and lactation:

Pregnant or Breast-feeding women shall consult health care professional before use.

# **OVERDOSE AND TREATMENT:**

In case of accidental over dosage, call a doctor or refer to healthcare facility immediately.

#### INSTRUCTIONS:

- -Store below 30°C.
- Protect from heat, sunlight, moisture & use dry hands.
- Keep out of the reach of children.
- After opening the seal, keep the bottle tightly closed.

# DOSAGE AND ADMINISTRATION:

Take one chewable tablet daily after meal or as directed by the physician.

# PRESENTATION:

Kalv Chew Tablet : Bottle of 30 tablets.

ہر ہیں۔ ہلا درجہ سنٹی گریڈ سے کم درجہ حرارت پر رکھیں۔ گرمی ، دھوپ ، نمی سے بچائیں اور خشک ہاتھ سے استعال کریں۔ بچوں کی پہنچ سے دور رکھیں۔ سیل کھو لنے کے بعد بوتل کوختی سے بندر کھیئے۔ خوراک: ایک چبانے والی گولی روزانہ کھانے کے بعدیا

متند ڈاکٹر کی ہدایت کے مطابق استعال کریں۔

Manufactured by:
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